



PRESIDENT
T H E R M A L S P A

SPA MENU 2021

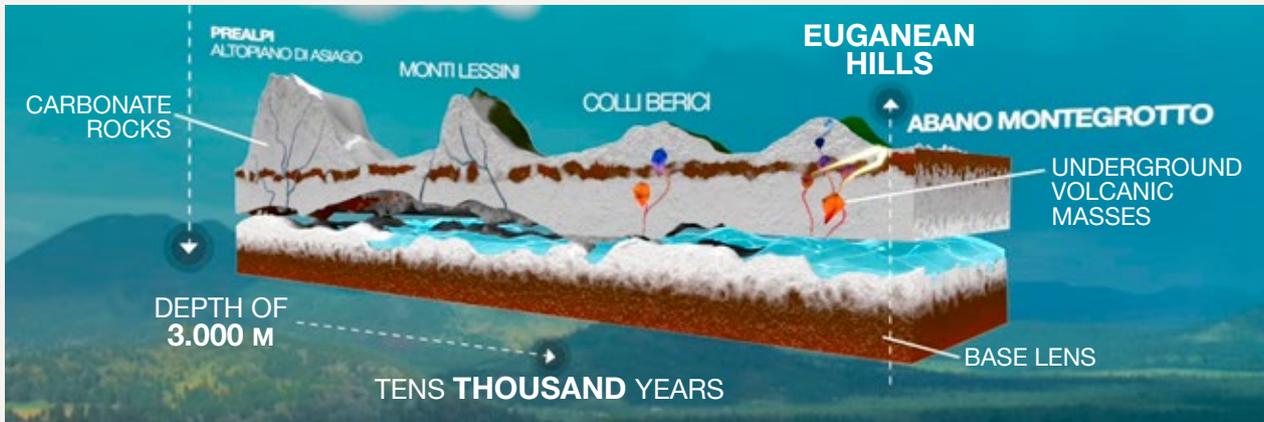
E N G

*Whole body
regeneration...*





*...our uniqueness
the Fango DOC*

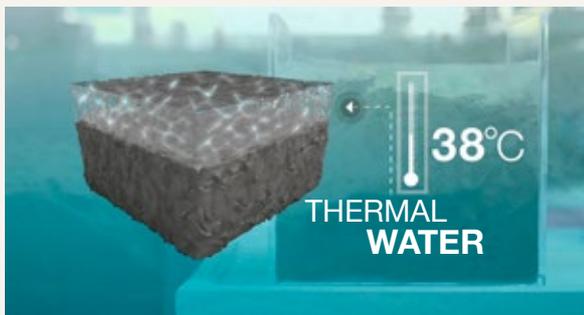


Let me introduce myself: my origin is meteoric, I go down the sky on the Lessini Mountains, I caress the slopes of the Dolomites, greeting the sun and I infiltrate the cracks of the ground. Here begins my long journey... with my sisters – drops of water I go down deeper and deeper. On my way I meet many friends who enrich and complete me, they are the mineral salts: sodium, magnesium, calcium, bromine, iodine, iron, ammonium, chloride, bicarbonate; Together we reach an

underground depth of 3000 meters gaining strength and warmth. Many years after I cross the Bacino Euganeo where the particularity of soil layers allows the force of my geothermal gradient to push upwards, towards the light and I can resurface in Abano, in the **President's spa** thermal pit.

I'm here for you, to heal, to give You Health and Wellness: i am Your hyper thermal water.

And I am waiting for You.







Thermal Therapies

Thermal mud application is done according to medical evaluation. That's why every treatment is customized. The effectiveness of mud and bath thermal treatment has been proved by Padova University (Naiade Project). These treatments have the property of slowing the articular degeneration and osteoarthritis, improving mobility, helping post traumatic recovery. The ozone hydromassage, being an enriched oxygen (C3), is relaxing, stimulates venous circulation and promotes the replacement of dermis cells.

THE STAGES OF MUD THERAPY

- 1. Compulsory doctor's appointment for admission to the treatment.**
- 2. Scrub /peel:** this is to prepare the skin for the thermal treatment, cleaning it deeply, thereby letting the minerals and beneficial substances soak in better and enter the system
- 3. Application:** the mud is applied both to the parts of the body and at the temperature agreed during the doctor's appointment, making every treatment personalised.
- 4. Thermal bath:** once the mud is removed, the guest is washed with a hot shower, and then immersed in a thermal bath for 8 -10 minutes at a temperature of 36° 38° C.
- 5. Sweat reaction:** following the mud treatment, there is a rest period for the "sweat reaction", which varies in duration and intensity from person to person.
- 6. Massage:** after sweating, a physiotherapy massage of your choice is recommended in order to reactivate the circulation and complete the mud therapy protocol.

MEDICAL EVALUATION

Medical evaluation aimed at € 50

- Prevention-rehabilitation of chronic pain (arthritis, fibromyalgia, osteoporosis).
- Post trauma and surgery rehabilitation (fractures, dislocations, sprains, arthroscopies, arthroprothesis).
- prevention-rehabilitation of respiratory pathologies (sinusitis, bronchitis, rhinitis).
- prevention-rehabilitation of peripheral venous disorders (phleboopathies, varixes).

Medical consultation € 25

Nutritional consultation € 250

including case history and patient's dietary habits, BIA and definition of personalized diet. For guests who are interested to undertake the path of : Weight loss/Detox/Rejuvenation/Physical fitness recovery. Included:

- Food history.
- Customized Bach / Australian Flower remedies.
- Regular check ups during the stay, personalized menu.
- Doctor-patient "agreed" diet to do at home.

* Modern instrumental diagnostics methods available.

Thermal mud and bath treatments

Application of thermal mud, thermal shower and ozonized bath*

€ 45

Application of thermal mud, thermal shower*

€ 40

Partial application of thermal mud (hands or feet) and thermal shower*

€ 30

** the asterisk items require mandatory medical examination*

Thermal ozonized bath*

€ 30

Kneipp bath*

€ 30

On request with a supplement: Application of mud in a double suite per person

€ 10

Inhalation Therapies

Inhalation thermal therapies are used and recognized by Health care system for their efficacy during respiratory diseases' treatments and against worsening. Special nebulizers work on thermal water particles, making them an effective treatment in chronic diseases involving upper/lower respiratory tracts.



Inhalation for upper respiratory tract (pharynx, larynx, trachea)

€ 12

Aerosols for low respiratory tract (bronchus, pulmonary alveolus, frontal sinuses)

€ 12

Nasal irrigation (sinuses, paranasal sinuses and ear tubes)

€ 12



PRESIDENT THERMAL SPA

Fango Maturo DOC program

3 Days FANGO DOC

€ 351

- 1 Medical evaluation and customized treatments program
- 3 Application of thermal mud and bath therapy with hydro massage and ozone
- 3 Therapeutic treatment (55 min.) to be chosen*
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

6 Days FANGO DOC

€ 660

- 1 Medical evaluation and customized treatments program
- 6 Application of thermal mud and bath therapy with hydro massage and ozone
- 6 Therapeutic treatment (55 min.) to be chosen*
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

10 Days FANGO DOC

€ 1.072

- 1 Medical evaluation and customized treatments program
- 10 Application of thermal mud and bath therapy with hydro massage and ozone
- 10 Therapeutic treatment (55 min.) to be chosen*
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

12 Days FANGO DOC

€ 1.278

- 1 Medical evaluation and customized treatments program
- 12 Application of thermal mud and bath therapy with hydro massage and ozone
- 12 Therapeutic treatment (55 min.) to be chosen*
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

* Therapeutic treatment (55 min) to be chosen among the following: - Decontracting deep tissue massage - Relaxing body massage





PRESIDENT THERMAL SPA Rehabilitation program

6 Days REHABILITATION

€ 820

- 1 Medical evaluation and customized treatments program
- 6 Application of thermal mud and bath therapy with hydro massage and ozone
- 6 Massages (55 min.) to be chosen*
- 4 Therapeutic treatment (55 min.) to be chosen**
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

10 Days REHABILITATION

€ 1.392

- 1 Medical evaluation and customized treatments program
- 10 Application of thermal mud and bath therapy with hydro massage and ozone
- 10 Massages (55 min.) to be chosen*
- 8 Therapeutic treatment (55 min.) to be chosen**
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

12 Days REHABILITATION

€ 1.678

- 1 Medical evaluation and customized treatments program
- 12 Application of thermal mud and bath therapy with hydro massage and ozone
- 12 Massages (55 min.) to be chosen*
- 10 Therapeutic treatment (55 min.) to be chosen**
 - **Medical check-up** at the end of the treatments, final assessment and program certification for general practitioner

* *Massage 55 min. to be chosen among:
Decontracting deep tissue massage;
Antistress massage; Reflexology; Lymphatic Drainage*

** *25 min. personalized rehabilitation treatment to be chosen: Manual therapy; Kinesitherapy;
Myofascial massage; Idrokinesiterapy;
Medical and Postural Gymnastic with Personal Trainer*





★★★★★

PRESIDENT THERMAL SPA

Reshape Program

Full board diet with a customized diet plan specially prepared by our Chefs, together with the Doctor herbal teas and fresh juices included

6 Days RESHAPE

€ 906

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 6 Application of thermal mud and bath therapy with hydro massage and ozone*
- 6 Personalized “reshape” treatment (55 min.) to be chosen
- **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

10 Days RESHAPE

€ 1.318

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 10 Application of thermal mud and bath therapy with hydro massage and ozone*
- 10 Personalized “reshape” treatment (55 min.) to be chosen
- **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

12 Days RESHAPE

€ 1.524

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 12 Application of thermal mud and bath therapy with hydro massage and ozone*
- 12 Personalized “reshape” treatment (55 min.) to be chosen
- **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

**personalized “RESHAPE” treatment (55 min.) to be chosen among: Decontracting deep tissue massage; Lymphatic Drainage; Toning Leg massage with the treatment Biest; Antistress Massage; Abdoming Detox Massage*





PRESIDENT THERMAL SPA

Reshape Plus program

Full board diet with a customized diet plan specially prepared by our Chefs, together with the Doctor herbal teas and fresh juices included

6 Days RESHAPE PLUS

€ 1.146

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 6 Application of thermal mud and bath therapy with hydro massage and ozone
- 6 Personalized “Reshape” treatment (55 min.) to be chosen*
- 6 Personal Training 25 min.**
 - **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

12 Days RESHAPE PLUS

€ 2.004

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 12 Application of thermal mud and bath therapy with hydro massage and ozone
- 12 Personalized “Reshape” treatment (55 min.) to be chosen*
- 12 Personal Training 25 min.**
 - **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

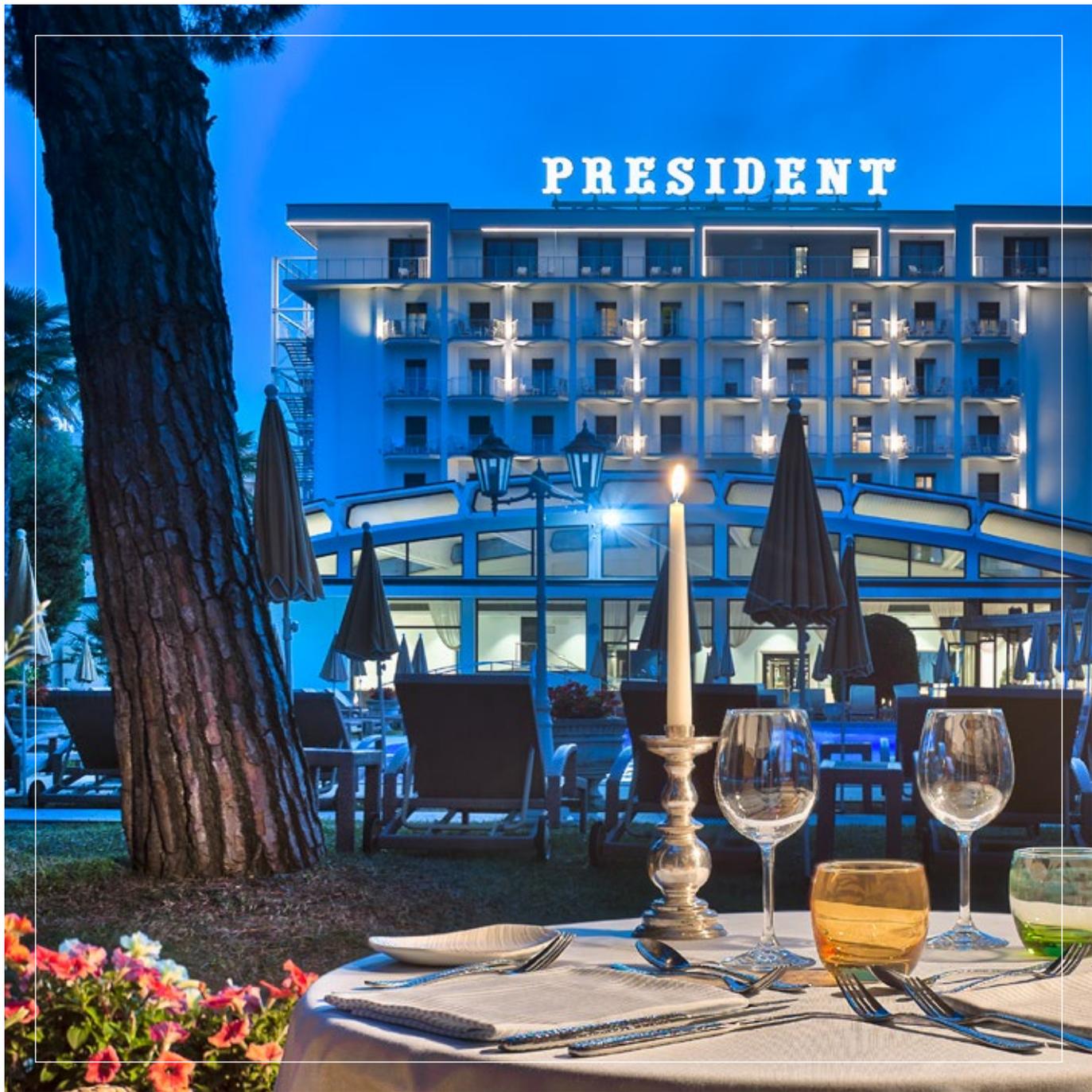
10 Days RESHAPE PLUS

€ 1.718

- 1 Personalized medical evaluation for customized treatments and diet program
- 1 Ananas scrub 100%
- 10 Application of thermal mud and bath therapy with hydro massage and ozone
- 10 Personalized “Reshape” treatment (55 min.) to be chosen*
- 10 Personal Training 25 min.**
 - **Medical check-up:** at the end of the treatments, final assessment and program certification for general practitioner

* personalized “RESHAPE” treatment (55 min.) to be chosen among: Decontracting deep tissue massage; Lymphatic Drainage; Toning Leg massage with the treatment Biest; Antistress Massage; Abdoming Detox Massage

** Personal Training 25 min to be chosen among: Cardio fitness; Functional Fitness; Kinesis; TRX



Short Packages

“Around the World”

INDIA

HARMONY € 220

- 1 Ayurveda Scrub, 55 min.
- 1 Pindasweda, 55 min.
- 1 Vata-Pita-Kapha with Swedana, 80 min.

JAPAN

BALANCE € 195

- 1 Shiatsu, 55 min.
- 1 Foot reflexology, from 55 min.
- 1 Relaxing Head&Neck massage by basaltic sticks 55 min.

TIBET

MEDITATION € 220

- 1 Mother-of-pearl & peridot relaxing scrub, from 55 min.
- 1 Dynamic Recreation Back Massage, 80 min.
- 1 Foot Reflexology, from 25 min.

HAWAII

RELAX € 205

- 1 Gemology Essential face treatment to chose
- 1 Hot Candle Massage, 55 min.
- 1 Deep Relax Hot Stone Massage, 55 min.

FRANCE

BEAUTY € 245

- 1 Face treatment “Principi”, 80 min.
- 1 “Strato Sottile” royal treatment, 80 min.
- 1 Facial Lymphatic massage, 25 min.

GENTLEMAN

€ 185

- 1 Face treatment “Principi”, 80 min.
- 1 Dynamic Recreation Back Massage, 80 min.

MANUAL PHYSIOTHERAPY

25 min. € 45 - 55 min. € 75

The treatment works through manual techniques of articular mobilization and manipulations to correct postural vices, shortens muscle chains, postoperative adherence, and widespread pain. These techniques include:

- **Manual therapy, kinesitherapy**
- **Functional rehabilitation in gym or private pool**
- **Hydrokinesitherapy**
- **Recovery of muscle tone**
- **Myofascial / connective tissue / physiotherapy massage**

SPORT REHABILITATION

25 min. € 45 - 55 min. € 75

- **Tonification training**
- **Medical and postural gymnastic**
- **Rehabilitation gymnastic in swimming pool**
- **Functional training**
- **Global stretching PancaFit method**
- **Aquarelax**
- **Personal training - TRX**
- **P.T. in Gym by Technogym**

MASSOTHERAPY

Decontracting deep tissue massage

25 min. € 40 - 55 min. € 70

Especially indicated after mud application, stimulates the tissues and muscular bands by acting deeply.

Relaxing body massage

25 min. € 40 - 55 min. € 70

Use more superficial techniques with slow and wide movements to ensure muscle tension release.

Relaxing face-neck-head massage

25 min. € 40 - 55 min. € 70

Vodder lymphatic drainage

55 min. € 70 - 80 min. € 100

It is a recommended therapy for everyone; The manuality is slow and superficial to stimulate lymphatic circulation and motricity of lymphangions. Lymphatic drainage is indicated in case of swelling, edema of various nature, outcomes of operations, excellent for evacuating toxins after drug therapies. A good lymph drainage stimulates the immune system.

Face lymphatic drainage

25 min. € 40

This treatment is suitable for all facial edema: dark circles, bursitis, otitis, sinusitis and recurrent migraines.

Draining/hemolymphatic massage

55 min. € 70

This technique combines modelling effect with anti-edema stimulation.

Therapeutic foot massage

25 min. € 40

It balances and stimulates the small joints and tendon bands..

Foot reflexology

25 min. € 40 - 55 min. € 70

In physiology, the Reflex is an automatic motor response, independent of the will. The foot plant is a receptor rich in reflex points so Chinese medicine by stimulating with an inch technique these specific points obtained the stimulation of internal organs that normally can not be reached as the brain, spinal cord, lungs, glands, improving their functions.

Therapeutic foot massage

25 min. € 40 - 55 min. € 70

It balances and stimulates the small joints and tendon bands.

WELLNESS MASSAGES

3 Element Massage

25 min. € 45 - 55 min. € 75

A hot massage with Skin oil to loosen the deepest contractures. Skin oil of choice (Anti-stress, Aromatic, and Energy). The combination of three elements that influence spirit and mind

Firming cosmetic massage

25 min. € 45 - 55 min. € 75

Treatment designed to give volume to hypotonic tissues.

Detox abdominal massage

25 min. € 45

Treatment indicated for the rebalancing and stimulation of the intestine and colon. Lipolift abdomen cream drains the tissues and counteracts the formation of new adipe accumulations. Massage is especially indicated in association with dietary or detoxification programs.

Hot stone relax massage

55 min. € 75

Treatment made with basaltic hot stones, according to the Vital methodology. Rhythmic massage, warm oil and stones give a new energy that spreads in the body and the mind.

Energizing herbal stamp power treatment

55 min. € 80

A reactivating massage, with a restorative effect on the muscul system. Herbal Stamps with the natural aromatic herbs are distributed all over the body with light pressure and a technique based on tapping, creating a peeling effect on the skin, improving circulation and stimulating the metabolism. The scent of fine aromatherapy oils helps fight stress and brings new vitality. Start off again, full of energy and rebalanced!

Premaman massage

55 min. € 70

Recommended from the 4th month of pregnancy and is done with personalized techniques and postures; almond oil is used to promote the elasticity of the tissues.



RITUALS

Relaxing Head&Neck Ritual

55 min. € 80

In this unique method carried out with modulated massage techniques and powerful plant extracts, relief is given to the tensions of the head, neck and shoulders. Deep touches give a pleasant feeling of relaxation from daily stress. Microcirculation, sensory organs and the nervous system are intensively stimulated.



Dynamic Deep Recreation Massage

80 min. € 100

A unique experience for the well-being of the back. Various techniques are combined with a massage that works on the tensions of the back.

Candle Massage

55 min. € 80

A relaxing massage using vegetable butter with particularly nourishing and hydrating properties, which is melted with the candle. The warmth is dual-action: intensifies the hydrating, nourishing and toning action of the massage, and relaxes, as it stretches the muscles and loosens tensions. The oil from the candle - known as liquid fire - is actually the substance that re-establishes psychophysical balance, according to Ayurveda tradition, restoring a state of well being.

Ritual “only for you”

80 min. € 100

It is a personalized massage, done by the customer's request all over the body including face and head.

These treatments can also be performed in couple in the WELLNESS SUITE cabin, adding a private bath with thermal water and hydromassage. We will bring you a glass of Prosecco with fruit to celebrate a moment to remember supplement € 50.

THE EAST IS WAITING FOR YOU

Abhyanga Vata - Pitta - Kapha

55 min. € 75

In Sanskrit Ayu (Life / Longevity) and Veda (Science) Ayurveda is a philosophy of Life that embraces medicine, nutrition and treatments. The massage is practiced with plant oil enriched with essential oils reflecting both the 3 dosha (vital energies) Vata, Pitta and Kapha and the psychophysical typology of the patient. The techniques are sliding, slow but incisive, stimulating the 7 chakras, acting on the sympathetic nervous system and metabolism, balancing energy and emotional mismatches.

Abhyanga Vata - Pitta - Kapha with Swedana

80 min. € 100

The above massage ends with the steam bath to aid the detoxification and absorption of essential oils for a Total Relaxation.

Shirodara

45 min. € 70

The treatment is carried out with tampons containing plant powders (herbs, spices, flowers, fruit) that are heated and rubbed on the most sore, contracted or hypotonic parts. They are subsequently placed on the main chakras; Pindasweda is useful to relieve joint and muscular pains and also to eliminate toxins.

Shiro-Kerala

80 min. € 100

Full ayurvedic massage including head oiling.

Tibetan massage

80 min. - € 100

The Ku Nye, whose origins dates back to approx 4000 years ago, is a powerful tool for recovering and maintaining balance between body, mind and spirit. According to Tibetan medicine, the cosmos consists of 5 primordial elements (earth, water, fire, air and space), to maintain

a healthy body it is essential to balance 3 energies (or moods): Wind (center) Fire (dx side) and Space (sx side). The massage technique is associated with the sound of Tibetan bells and cymbals. The Ku Nye is designed to combat stress, depression, insomnia and anxiety..

Thai

55 min. € 100

Thailand's original treatment that uses a predetermined set of movements to stretch muscle bands, tendons, and ligaments. Massage is based on acupressure.

Shiatsu

55 min. € 70

Shiatsu is not a massage but a treatment with ancient Japanese origins; it is based on the principle that the body is crossed by channels (or meridians) where the energy flows (Ki) naturally and incessantly. When for a variety of reasons this flow partially blocks, the imbalance causes various kinds of disturbances up to the real illnesses. Shiatsu is done on a fouton, it is based on perpendicular, constant, static pressures that the therapist performs with his hands, thumbs or ankles. This therapy helps to lose tension, gives clarity to the mind, improves mood and gives new energy.



President Face Beauty

farmogal
COSMETIC SCIENCES

Farmogal anti-aging and lifting, practical and highly reliable facial products, guarantee fast noticeable results, thanks to efficient protocols. Mimetic cosmetology acts against wrinkles and relaxation to give new tone to every face. Only exclusively good and useful molecules for the skin are chosen. Each cosmetic is free of preservatives, mineral oils, paraffin, vaseline, silicone, nickel and heavy metals, is safer and does not irritate, allowing the facial skin to breathe freely and to eliminate toxins, staying young.

FARMOGAL - 100% treatment

55 min. € 85

Including detergent, deep hygiene, hydration and massage.

Pineapple: with decongestant and anti-inflammatory action

Orange: with antioxidant and elasticizing action

Apple: with firming and toning action

Blueberry: for capillary vessel protection, elasticizes the epithelial tissue.

FARMOGAL - PRINCIPI treatment

80 min. € 100

Facial cleansing followed by a treatment to be chosen from:

1. Carrot (carotene and Vit. A) emollient, velvety, with complete protective action.

2. Royal jelly (complex B) activating metabolism and microcirculation, nourishes cells with sebum-normalizing action.

FARMOGAL - FEELING TIME treatment

55 min. € 85

The action of hyaluronic acid optimizes the degree of hydration and increases the tone and elasticity of the epidermis. The treatment involves a pneumomassage whose gommage action fights the aging of a hypotonic skin that is not reactive and needs to be stimulated deeply.

FARMOGAL - C&P Farmogal treatment for sensitive skin prone to rosacea

55 min. € 85

Rose treatment is particularly suitable for sensitive skin, characterized by a thin epidermis and by a reduced keratin layer with poor production of the hydrolipidic film, which make them more susceptible to dehydration and dryness. For these reasons, they become vasoreactive and may be irritated by temperature, air pollution and emotions that dilate the capillaries permanently.

FARMOGAL - Chic New Life Skin

55 min. € 100

Much more than an anti-aging treatment: a sequence of products that contain, in the secrets of their formula, the pure technological essence to give new life to your skin. Thanks to this patented treatment, an immediate lifting effect is obtained, to counteract the signs of aging by promoting cellular respiration through B vitamins.



Specific Gems are used by our expert beauticians during the ritual for hands reflexology and scalp massage.

Why choosing precious and semi-precious gems for a cosmetic line? Precisely because they are “precious” and thus universally recognized as being much richer than any other vegetable or mineral in trace elements (fundamental and essential minerals for all the biological functions of the body and the skin). But not only, from an energy perspective, they are endowed with important therapeutic virtues that have been known and used in lithotherapy and gemmotherapy for a long time.

ESSENZIAL

GEMOLOGY - Dry skins face care

45 min. € 75

This face care relieves and soothes the skin thanks to the Opal regenerating properties, which boost collagen synthesis and revitalize cells of the epidermis. It awakens skin biological activity and ensures deep hydration.

GEMOLOGY - Combination skins face care

45 min. € 75

The care cleanses, purifies and enlightens the skin, thanks to its richness in Silicon with unique absorbing properties. Its purifying formula rebalances sebum secretion for a matte complexion.

GEMOLOGY - Sensitive skins face care

45 min. € 75

This care refreshes, moisturizes and soothes the skin, acting like a real «mineral bandage» to fight against external aggressions and stress while strengthening skin auto-protective mechanisms. The correcting effects are immediately visible after the treatment and in the following days. Skin is smoother, brighter and protected.

GEMOLOGY - Mature skins face care

45 min. € 75

Ideal for mature skins, it is an anti-aging as well as anti-fatigue treatment. It stimulates collagen production, essential element in the reduction of ageing signs and expression lines. Skin is immediately more relaxed, soft and firm, skin tone is luminous and radiant.

GEMOLOGY - Blue amber face care

50 min. € 85

This care stimulates skin vital functions, giving hydration, nutrition, oxygenation, protection and revitalisation even to most sensitive skins. Blue Amber protects the skin from the external oxidative process and restores the epidermal hydrolipidic protective barrier. Skin is luminous, firm and protected.

PRECIOUS

GEMOLOGY - Malachite dry skin care

55 min. € 120

The regenerating, hydrating and nourishing power of Malachite, for an ideal treatment for dry skins. Malachite, rich in Copper, to revitalize the skin and reduce ageing signs. The complexion is visibly more luminous and the skin is immediately moisturized.

GEMOLOGY - Amethyst combination skin care

55 min. € 120

The extraordinary cosmetics properties of Silicon, contained in Amethyst, restore skin natural softness and refine its grain. This treatment, especially formulated for combination skins, rebalances sebum secretion and smooths the skin. Ginseng makes the skin radiant. Quartz are used to massage the face and reinforce Amethyst action.

GEMOLOGY - Smithsonite sensitive skin care

55 min. € 120

This care soothes and protects the skin thanks to the regenerating power of Zinc contained in Smithsonite. Goodbye to redness and to the uncomfortable sensation of tightness. A bath of softness with a protective and repairing action for the skin. A precious hands reflexology ritual and a relaxing scalp massage to improve the regenerating action of this treatment.

ANTI-AGING

DIAMOND - Gel mask skin care

25 min. € 75

It is the gel mask with the highest concentration of active principles: 30 actives for a unique ritual. The virtues of the Diamond combined to those of Smithsonite, Jade and Pearl, provide the skin with a complete protection, restore its radiance and visibly reduce wrinkles and fine lines. The skin is smooth, firm and moisturized. Specific semi-precious stones are used by our beauticians during the treatment for a unique

DIAMOND - Anti-aging care

60 min. € 150

Diamond and Tourmaline restore the skin natural splendour and smooth face lines. The skin retrieves firmness, hydration and well-being. Micro-particles of Diamond illuminate the deepest wrinkles and thanks to the "soft focus" effect, give a new radiance to the skin. Gems are used by our expert beauticians during the ritual for a specific anti-aging treatment which stimulates collagen synthesis, anti-aging care that redefines facial contours and diminishes signs of aging.

PEARL AND DIAMOND - Lightening care

80 min. € 180

The skin retrieves luminosity and hydration thanks to the combined action of Diamond and Orchid, timeless jewels for an unparalleled anti-aging effect. Micro-particles of Diamond illuminate the deepest wrinkles and thanks to the « soft-focus » effect, the face is rested, radiant and smooth. Gems are used by our expert beauticians during the ritual for a specific anti-aging treatment which stimulates collagen synthesis.

WHITE PEARL - Skin care

80 min. € 180

The most innovative anti-aging facial treatment to counter the skin spots. The Gem White complex, acting on pigmentation with Bisabolol, Pearl Magnesium, Vitamin C and B3, makes your skin brighter, younger and more vital. Massage with the gems on the hands and the scalp, boosts the anti-aging and relaxing action.



PRESIDENT BODY BEAUTY

Thermal Mud body treatment

55 min. € 70

Anticellulite effect

Thermal Mud body treatment

55 min. € 70

Firming effect

Thermal Mud & Algae body treatment

55 min. € 70

Detox effect

AYURVEDIC scrub

55 min. € 70

Purifying and detoxifying

100% pineapple scrub

55 min. € 75

Draining, anti-cellulite

STRATO SOTTILE royal treatment

80 min. € 130

An integral peeling made of 4 sequences; the smoothing action of seaweed powders provides a revitalized skin, bright and free to breathe.

Possible to buy the Maintenance Kit.

BIEST leg bandage

25 min. € 35

Suitable for leg edems, for people who suffer with fatigue, overweight, heavy and tired legs.

MSB Gomming

55 min. € 75

Anticellulite treatment with antigravitational manual technique; its sticky cosmetics expand the connective tissue, enrich it with oxygen, ensuring quick results of toning and remodeling.

MSB Manual Skin

55 min € 75

Treatment that completes the gommeing session by adding an exfoliating and modeling mask of alginate. Indicated in the presence of cellulite and localized obesity.

Mango & sapphire energizing scrub

55 min. € 100

A Mango scrub with an enveloping texture, rich in vitamins, to deeply clean the skin from impurities and dead cells and give a sensation of retrieved freshness and smoothness. The precious Sapphire Cream is used for an energizing massage with mint-scented precious gems. The synergy of Sapphire and Cedrol guarantees the lipolytic and tonifying action of this treatment.

Mother-of-pearl & peridot relaxing scrub

55 min. € 100

The softness of the Mother-of-Pearl scrub, and the relaxing action of the Peridot massage relieve the skin and refine its grain thanks to its anti-fatigue and toning properties. Body is more relaxed thanks to the combination of Peridot, and Ylang Ylang, Orange and Vanilla extract Essential Oils, for a sensual and floral atmosphere. The final massage is carried out with anti-stress manual skills and precious gems.

Ruby anti-age smoothing scrub

55 min. € 100

A smoothing anti-aging ritual thanks to the trace elements present in the Ruby Salts and in the Ruby dust contained in the massage cream. Skin is soft, tonic and regenerated thanks to the draining action of Cypress and Cedar Essential Oil which contribute to the elimination of the "orange peel" effect. Myrrh Essential Oil completes this action while slowing down the skin aging process. An exclusive combination with antioxidant action to restore skin elasticity, firmness and softness. The ritual is preceded by plantar reflexology and finished with precious gems massage.

Manicure

45 min. € 35

with/out nail polish

Pedicure

55 min. € 50

with/out nail polish

Foot Treatment “Calluspeeling”®

55 min. € 65

It is a very pleasant and relaxing treatment, which restores a new splendor and extraordinary softness to the foot. Without using blades or cutters, in an extremely simple and rapid way, Calluspeeling® completely eliminates calluses, calluses and fissures.

Semi-permanent E.M.I. nail polish with cutting and polishing of nails

€ 40

Semi-permanent nail polish removal and new application

€ 45

Waxing

from € 15 to € 50



PRESIDENT HAIR BEAUTY

Hair fold with dryer or curlers / short hair € 30

Hair fold with dryer or curlers / long hair € 35

Hair cut € 25

Colour or permanent from € 50

Highlights / Shatush from € 45

Super Moisturizing Treatment

€ 45

For dry hair. The treatment consists of: mud pack with nourishing solution, super moisturizing shampoo and styling.

Anti hair fall

€ 60

The treatment consists of: mud with specific lotion, hair loss shampoo and styling.

Detox Anti - Dandruff Treatment

€ 55

The treatment consists of: mud with mint essential oil, shampoo and styling.

Filler Anti- Age Volumizing

€ 60

For thin and dull hair. The treatment consists of: mud with volumizing solution, volumizing shampoo and styling.

All products are natural, paraben free and sles (surfactant) free.

President Thermal Spa

THE PRESIDENT THERMAL SPA IS SITUATED ON 3 LEVELS IN THE PRESIDENT HOTEL

ON THE GROUND FLOOR: the thermal treatments area

- Spa Desk
- Doctor's office
- Indoor thermal pool 24 x 8 m, 120-185 cm depth, from 32°C to 35°C
- Outdoor thermal pool 27 x 8 m, 120-185 cm depth, from 32°C to 35°C
- Outdoor thermal pool with whirlpools 36°C
- Relax Zone with tea corner
 - Salt Cave
 - Finnish sauna
 - Kneipp
 - Infrared sauna
- Technogym equipped gym with free access
- Reha-Fit pool with 34°C thermal water
- Mud & bath therapy department with 14 cabins and one double suite
- Inhalation therapy department with 4 stations
- 5 cabins for massage therapy
- Manicure/Pedicure cabin

FIRST FLOOR: the aesthetic, holistic and physiotherapy department

- Doctor's office
- Hairdresser salon
- Gym-Suite Technogym with personal trainer
- Massage therapy, facial and body aesthetic with 5 multi-purpose cabins
- The cabin for Ayurvedic therapies
- 3 cabins for physiotherapy
- Space dedicated to couples for rituals in Suite with Jacuzzi

UNDERGROUND FLOOR

- Thermal steam cave
- Cabin for the Vichy shower
- Solarium cabin

ORARI

Spa Desk President Thermal SPA: 07.00 - 19.00

Free access to the President Thermal SPA from 07:30 till 21:30: 06.00 - 12.00

Inhalation: 07.30 - 18.30

Free access to the President Thermal SPA from 07:30 till 21:30

Morning Tonification Gymnastic with the Personal Trainer (meeting point in the Hall): 09:00 - 09:30

Acquagym in the swimming pool with the Personal Trainer: 12:00 - 12:30

ARRIVAL AT THE SPA

It is advisable to get to the SPA at least 10 minutes before the start of the treatment, which will allow us to welcome you, discuss the expectations and the desired results with respect to the treatment in question. For any delay, please kindly inform us by telephone, we will do our best to ensure the full duration of the appointment provided for in the brochure, which may however be subject to a reduction in time with respect to the next guest booked.

HOW TO BOOK

We recommend to book in advance to ensure the availability of the treatment and the desired time. You can book directly at the SPA desk, or contact us at room number 940 from phone outside 0498668288 or if you prefer by mail spa@presidentterme.it

CANCELLATIONS

You can cancel a reservation within 19 p.m. before the day of the appointment, otherwise you will be charged the full cost of the treatment as well as in the case of no show.

WHAT TO WEAR

In your room you will find bathrobes that you can wear for all treatments and medical examinations, spa treatments and swimming pools.

GENERAL CONDITIONS

The atmosphere of President Thermal SPA means full immersion in peace and harmony with oneself and the surrounding world, so we kindly ask you to respect the atmosphere using discreet voice, to switch off your electronic devices or use them in silent mode, refrain from using alcohol and smoking.

We inform guests that the property can not be held liable in any way in the event of loss or damage of personal belongings. We also recommend you to keep precious items in your room safe.



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